



Marion Schilling Elementary

Phone 250-372-2027 Fax 250-377-2227

<http://mschilling.sd73.bc.ca/>

MEALS PROGRAM JANUARY 8TH - 26TH

Our meals menus will always be sent out each month at a time. For the first partial month, all students received a hard copy. After that, only students who order regularly will be provided with a hardcopy. Please check for paper copies at the front office as well as on our school website (see above).

Parents choose the frequency of days they want their child to participate in the Meals Program. The cost of a meal is \$4.00. A subsidized meal rate is available if needed by contacting Mr. Cumming. If you have any questions about the Meals Program, please do not hesitate to contact the School Office. If your child has ordered a meal and is absent, the meal will be placed in the fridge with your child's name on it.

Please complete the form below and return it to the school office, with payment (cash or cheque) by **TUESDAY, DECEMBER 19TH AT 12:30 pm**. Cheques may be made payable to Marion Schilling Elementary School. You may either check that you want meals for every day on the month, or list the dates desired below.

Day	Date	Drink	Lunch	Snack
Mon	8	2 % Milk	Hot- Hot Dog on a whole wheat bun	Apple Sauce
Tue	9	100 %Fruit Juice	Chicken Breast on a whole wheat hamburger bun	Yogurt Tube
Wed	10	100 %Fruit/veggie	All white meat Popcorn Chicken	Lemon Blueberry Loaf
Thur	11	2 % Milk	Hot-Meat Tortellini in tomato sauce	Veggies & Dip
Fri	12	1 % Choc Milk	Chicken Breast Strips in a whole wheat wrap	Fresh Fruit
Mon	15	2 % Milk	Hot- Cheese Perogies & Smokie	Fresh Fruit
Tue	16	100 %Fruit Juice	Cheese Pizza	Granola Bar
Wed	17	100 %Fruit/veggie	Chicken Breast Nuggets & Dip	Fresh cut Apple slices
Thur	18	2 % Milk	Hot-Spaghetti & Meatballs	Veggies & Dip
Fri	19	1 % Choc Milk	Chicken Breast Caesar Salad	Fruit Berry oatmeal muffin
Mon	22	2 % Milk	Hot- Cheeseburger on a whole wheat bun	Fresh Fruit
Tue	23	100 %Fruit Juice	Ham and Pineapple Pizza	Yogurt cup
Wed	24	100 %Fruit/veggie	Chicken Breast Strips & Dip	Banana Bread
Thur	25	2 % Milk	Hot-Macaroni & Cheese	Veggies & Dip
Fri	26	1 % Choc Milk	Cheese & Crackers with Veggies & Dip	Choc chip Cookie

Due by Tuesday, December 19th, 2017 @ 12:30 pm

Student's Name _____

Teacher / Division _____

Dates Meals Wanted:

All Meals for the month 15 X \$4.00 = \$610.00 OR

Just these days: _____

_____ X \$4.00 = _____