



Marion Schilling Elementary

Phone 250-372-2027 Fax 250-377-2227

<http://mschilling.sd73.bc.ca/>

MEALS PROGRAM JANUARY 29TH - FEBRUARY 23RD

Our meals menus will always be sent out each month at a time. For the first partial month, all students received a hard copy. After that, only students who order regularly will be provided with a hardcopy. Please check for paper copies at the front office as well as on our school website (see above).

Parents choose the frequency of days they want their child to participate in the Meals Program. The cost of a meal is \$4.00. A subsidized meal rate is available if needed by contacting Mr. Cumming. If you have any questions about the Meals Program, please do not hesitate to contact the School Office. If your child has ordered a meal and is absent, the meal will be placed in the fridge with your child's name on it.

Please complete the form below and return it to the school office, with payment (cash or cheque) by **TUESDAY, JANUARY 23RD AT 3:30 pm**. Cheques may be made payable to Marion Schilling Elementary School. You may either check that you want meals for every day on the month, or list the dates desired below.

Day	Date	Drink	Lunch	Snack
Mon	29	2 % Milk	Hot- Hot Dog - all beef wiener	Apple Sauce
Tue	30	100 %Fruit Juice	Homemade Pepperoni Pizza	Yogurt Tube
Wed	31	100 %Fruit/veggie	NEW !!! All white meat baked Chicken Fries	Lemon Blueberry Loaf
Thur	1	2 % Milk	Hot-BBQ Chicken, Veggies & Rice Pilaf	Fresh Fruit
Fri	2	1 % Choc Milk	Chicken Breast Strips in a whole wheat wrap	Veggies & Dip
Mon	5	2 % Milk	Hot- Cheddar Cheese Perogies & Smokie	Granola Bar
Tue	6	100 %Fruit Juice	Homemade Cheese Pizza	Banana Bread
Wed	7	100 %Fruit/veggie	Homestyle Chicken Breast Nuggets & Dip	Veggies & Dip
Thur	8	2 % Milk	Hot-Enriched Barilla Spaghetti & Meatballs	Fresh Fruit
Fri	9	1 % Choc Milk	Chicken Breast on a whole wheat hamburger bun	Fresh cut Apple slices
Mon	12		Closed	
Tue	13	100 %Fruit Juice	Homemade Ham & Cheese pizza	Yogurt cup
Wed	14		School Pizza Day – No Lunch Program (Separate orders to go home)	
Thur	15	2 % Milk	Hot-Enriched Barilla Macaroni & Cheddar Cheese	Veggies & Dip
Fri	16	1 % Choc Milk	Chicken Fajita Caesar Salad	Fresh Fruit
Mon	19	2 % Milk	Hot- Cheeseburger on a whole wheat bun	Homemade Oatmeal Cookie
Tue	20	100 %Fruit Juice	Pizza Pretzle with Mozza cheese & Tomato Sauce	Veggies & Dip
Wed	21	100 %Fruit/veggie	Cheese & Crackers with Veggies & Dip	Vanilla Pudding Cup
Thur	22		Closed- BC Winter Games	
Fri	23		Closed- BC Winter Games	

Due by Tuesday, January 23rd, 2018 @ 3:30 pm

Student's Name _____

Teacher / Division _____

Dates Meals Wanted:

All Meals for the month 16 X \$4.00 = \$64.00 OR

Just these days: _____

_____ X \$4.00 = _____