



S P A R K

Strong, Prepared And Ready for Kindergarten

Is your child excited for Kindergarten?
Entering kindergarten is a major transition for children and parents.

This free program includes:

- Time spent in the classroom environment
- Parent education
- Snack
- Take away activities



FREE!

**Registration
required**

March 13

April 5

April 18

May 8

4:30pm-5:30pm

**Location:
in StrongStart
Room at**

**Marion Schilling
Elementary School
with tours to the
Kindergarten
Classroom, Library,
and Gym**

**Entry via the
front
office/delivery
doors**

TO REGISTER

GO TO

eventbrite.ca

**Marion Schilling -
S.P.A.R.K**

or call:

250-372-2027



March -Finding Mathematics Everywhere

This session will provide you with information on play-based learning and your role as a parent/caregiver in providing opportunities and resources to your child for learning through play. This session will also help you to learn what early numeracy is and how you can promote your child's early numeracy skills through simple, interesting and playful activities. The presentations will be followed by a 'Make it and take it' activity. You will have a chance to interact with professionals from the field of early learning.

April - Beginning - Rhymers are Readers

During the first part of this session, families will be in the classroom with their child. They will have the opportunity explore Literacy/Play based centers and do a 'Make it and take it' activity. During the second part of the session, families will be venturing off and touring the School Library. We will be reading a book they will get to take home and wrapping up with a short Mother Goose session full of rhyme and song.

April - End -Learning in a PLAY-filled way

Play in the early years provides the foundation for healthy, active living. In fact, early gross motor ability is associated with cognitive, social and emotional development. Purposefully choosing activities and creating opportunities that encourage play and develop physical literacy establishes the basis for life-long participation. This interACTIVE session will focus on teaching fundamental movement skills and creating an environment that supports confidence and fun. Families will also leave with the knowledge of resources and tools to add more play into their life.

May - Healthy Habits for Life

During this session, children will have the opportunity to explore different materials supporting nutrition. This session will be led by the Public Health nurse and will be directly related to healthy food, germs, and sleep. There will be opportunities and resources for your child to learn through play.